

The Center for Career and Professional Development at Utica College

CAREER RESOURCES FOR INTERNATIONAL STUDENTS

As an international student, we understand that you may face unique challenges throughout your career development. Following are some helpful tips and resources to keep in mind. Additionally, please be sure to reach out to [The Office of International Education](#) before seeking any form of employment (paid or unpaid) to remain aware of any applicable restrictions, requirements, and deadlines, including visa status and work authorization.

Where do I start?

- Identify and [explore](#) careers that are a good fit with your personality, skills, interests, and values
- Write a [resume](#) and [cover letter](#)
- Practice [networking](#) and [interviewing skills](#)

What can I offer employers?

(Adapted from the National Career Development Association, 2015)

- Cross-cultural competency and global perspective
- Adaptability and flexibility
- Problem-solving and critical thinking skills
- Language skills

Where can I work?

Top 100 U.S. [employers](#) who offer visa sponsorship in 2020 includes:

- Cognizant Technology Solutions
- Infosys
- Tata Consultancy Services
- Google
- Ernst & Young
- Capgemini
- Deloitte & Touche
- Amazon.com
- IBM
- Microsoft
- Accenture

Top 100 [industries](#) that have international workers in the U.S. includes:

- Computer Systems Design and Related Services
- Management, Scientific, and Technical Consulting Services
- Colleges, Universities, and Professional Schools
- Architectural, Engineering, and Related Services
- Software Publishers

HELPFUL RESOURCES

- [Myvisajobs.com](#) is the largest and most trusted employment website for foreign workers seeking opportunities in United States
- The [US Department of Labor Office of Foreign Labor Certification](#) generates annual reports on labor certifications
- [LinkedIn's alumni search feature](#) allows individuals to connect with alumni working in all industries worldwide
- [H1Base](#) educates and supports international workers and students from all over the world to obtain US work visa employment and sponsorship
- UC partners with [Handshake](#), a career management system that allows students and alumni to search and apply for jobs and internships, make appointments with staff, and register for upcoming events

**CONTACT
US!**

115 Hubbard Hall 315-792-3087
careerdevelopment@utica.edu
utica.edu/careerdevelopment
utica.joinhandshake.com



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